

SUICIDE GRIEF SUPPORT GROUPS

All survivors of suicide loss are welcome whether they are a new survivor or lost a loved one years ago. Participants meet other survivors who understand; learn coping strategies & know they are not alone!!

**When: Monday, Oct 2nd
Thursday, Nov 16th**

Time: 6pm

**Bridgewater Library | Conf Rm C
1 Vogt Drive
Bridgewater, NJ 08876**

Sponsored by:



**The João José 'John' Santos
Charitable Organization**

From STIGMA to EDUCATION
*'Bringing depression and suicide
prevention into the spotlight'*

www.johnsantoscharitableorganization.org

**Educating for a healthy tomorrow, one person, one family, one community at a time!
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